## Staying super takes a plan.

Wellness checkups are a vital part of keeping your family healthy. They also ensure that students have the required immunizations before heading back to school.

Here are some things to keep in mind and on the calendar if your student is returning to school in the fall:

- All Chicago residents 16 years and older are now eligible to receive the COVID-19 vaccine.
- Schedule your student's COVID-19 vaccine as soon as possible and their annual wellness checkup to ensure they have all required immunizations.
- If your child receives the COVID-19 vaccine, they will need to wait two weeks before receiving wellness immunizations such as measles.
  Keep this timing in mind so your child has all necessary immunizations by the first day of school.

The Office of Student Health and Wellness (OSHW) can help your family prepare for the new school year. We can:

- Help you understand your eligibility and benefits.
- Get you connected to a health plan, primary health physician, and a medical home.
- Assist with scheduling wellness checkups and immunizations.



- 1. Call 773-553-KIDS (5437)
- 2. Visit CPS.EDU/CFBU

**EVERY SUPERHERO** 

**NEEDS A SIDEKICK** 



