



# CHICAGO RUN IS AT YOUR SCHOOL!

Here's how  
to keep your  
students  
active:



**Join Little Strides**

(Pre-K)

OR

**Chicago Runners**

(Kindergarten- 5th)

Benefits to physical activity  
in the classroom include  
improved:

Sense of health & wellness

Behavior during instructional time

Academic performance



**Join us to learn more about how we can support you  
and your students this year!**



Reach out to your  
Site Coordinator:

[www.chicagorun.org](http://www.chicagorun.org)